

# *Preface*

Batons for the runners in the race.

A moment of relief . . .

A cool splash of refreshing water . . .

Encouragement to go on . . .

Endurance to know that you're not alone.

Visions of the finish line . . .

A helping hand when you fall . . .

Batons filled with words given

as you press on.

As a soul pants for living waters

. . . may you be filled.

Words written . . . batons handed to you.

So roll them up and hand them out.

Drop them from a plane . . .

remember to aim . . .

for the race.

. . . batons to the runners, may the

grace of the Lord Jesus Christ

be with you.

Valerie Klerk